



Do it Yourself

Ganesh Pranpratishtha (Staphna)

|| SHREE GANESHAY NAMAH ||

LIST OF ITEMS REQUIRED FOR GANESH STAPHNA

- Suparis (7)
- Paan Leaves for Kalash (5)
- Paan leaves for Staphna below panch meva (5)
- Coconuts (3)
- Rice (uncooked)
- Fresh Flowers (chutha phool)
- Red Dhaaga (mauli)
- Durva / Belpatra
- Diya (deepak)
- Ghanti (bell) / Shank (conch)
- Attar (perfumed oil)
- Prasad (modaks)
- Fresh Fruits (5 different types)
- Haldi / Pinjar / Abhil / Gulal / Sindhoor / Chandan / Ashtagand
- Camphor tablets / Agarbatti / Dhoop
- Honey, Milk, Sugar, Ghee, Curd (for panch snaan)
- Small brass or silver Idol of Ganesh ji
- Match box
- Vastra
- Kalash (lota)
- Janeyu
- Panchmev (haldi ganth, walnut, khareek, badaam)



INDEX OF CONTENTS

• Ganpati Mantra	00:00
• Ganesh ji ki Puja kyu hoti hai?	00:28
• Ganesh Puja ka Mahatva aur Tatparya	01:25
• Puja ka kram	02:56
• Ganesh Puja Prarambh	06:55
• Pavitra Achaman Mantra	07:00
• Tilak Dharan Mantra	07:51
• Swasti Vachan Mantra	09:09
• Devta Namaskar Mantra	12:33
• Mangal Stotra	13:56
• Sankalp	16:25
• Sabhi dishaon ke Devta ko Namaskar	19:00
• Prithvi Mata Mantra	22:00
• Deepak Mantra	23:18
• Shankh Puja	23:50
• Ghanti Puja (Garud Dev)	24:23
• Kalash Puja	25:18
• Kuldevi Smran	29:02
• Navgraha Smran	30:13
• Ganesh Puja (Shodashopachara Puja or Purna Pujan)	31:22
○ Ganpati Dhyaan	31:33
○ Avaanaham	32:40
○ Aasana	33:21
○ Arghya	34:06
○ Padhya	34:51
○ Achanamann	35:42
○ Panchamrut Snan	36:20
○ Jal Shudh Snan	37:09
○ Abhishek	37:48
○ Vastra	39:42
○ Yagyopavit	40:23
○ Gandh	40:57
○ Akshat	41:27
○ Durva	41:52
○ Pushp	42:26
○ Haar	43:02
○ Saubhagya Dravya	43:51
○ Anga Puja	44:26
○ Dhoop	46:25
○ Deep	46:56
○ Naivedya	57:30
○ Dakshina	49:38
○ Pradhakshina	50:22
○ Namaskaar	51:03
○ Aarti	53:39
○ Pushpanjali	58:04
○ Shama Yachna Prathna	01:00:25

|| SHREE GANESHAY NAMAH ||

PREPARATION

Firstly, prepare the sthaan where Ganesh ji will sit. Do that by spreading a handful of kacha rice on the place. Over the rice grains, place one supari and put haldi, kumkum, abhil on the supari. Over that place some dakshina (money). Reciting Ganpati Bappa Moriya, we must place Ganesh ji over this preparation.

Ganesh Staphna or Pran Pratishtha is the establishment of the Idol. To invoke Ganesha into the Idol. This is known as Pran Pratishtha.

Lift the vastra (cover) off Ganesh ji and remove the black thread that you had made Ganesh ji wear chanting "Ganpati Bappa Moriya... Mangal Murti Moriya"

START AUDIO MP3

Ganpati Mantra |00:00|

*vakratunda mahakaya
suryakoti samaprabha |
nirvighnam kuru me deva
sarva karyeshu sarvada ||*

Shree Ganeshaya Namah

Ganesh ji ki Puja kyu hoti hai? |00:28|

Aaj hum Ganeshji ki puja karne ja rahe hain, uske vishaye mein Ganesh ji ki puja ka kya tatparya hai. Ganesh ji ki puja kyu ki jati hai, uske vishay mein sankshap mein prakash dalenge. Ganesh ji ki puja kyu sarva pratham ki gayi kyuki Ganesh ji jo hain sabi devi devtaon mein agrahni hai, sarva pratham Ganesh ji ki puja hoti hai. Who puja isliye hoti hai kyu ki Ganesh ji ne, sansaar ki chakra kate, Ganesh ji ne apne mata pita ko hi sarvasva maankar apne mata pita ki parikrama ki. Uski waja se Ganesh ji jo hai buddhimaan hue, Gyatha so hai, buddhi mein agrahni hai, uski sarvya pratham puja hoti hai. Is liye Ganesh ji bahut hi buddhiman chatur hai isliye Ganesh ji ki sarva pratham puja ki jati hai.

Ganesh Puja ka Mahatva aur Tatparya |01:25|

Ganesh ki puja ka puja ka humare sansarik tatparya ek aur bhi hai . Ganesh ji ne aadhar chuhe ko banake rakha hua hai. Anytime chuha kuch na kuch karm karte rehta hai, active rehta hai. Usko sote hue aaj tak kisi ne nahi dekha hai

Puja ka kram |02:56|

Ganesh Puja Prarambh Announcement |06:55|

Pavitra Achaman (Antar Aatma aur Shareer ko Shudh Karna jal ka chata dekar) |07:00|

Mantra recital

Take some water in your hand and sprinkle few drops on your body and family members now.